


HOW TO USE NARCAN/NALOXONE

An ACT UP NY Zine!

Find Narcan/Naloxone

- mattersnetwork.org/supplies, or at any of their 15 NY vending machines
- 1676 Broadway, Brooklyn, NY 11207
- forms.ny.gov/33/Harm-Reduction-Order-Form
- Blue Stockings 116 Suffolk ST, NY, NY 10002
- ONPOINT NYC 212-828-8464 or 104-106 E 126 ST, NY, NY 10035
- Alliance LES Harm Reduction Clinic 212-645-0835 or 35 E Broadway
- nextdistro.org

Learn more about ACT UP NY + our June 30, 2024 Health Fair! Print more zines!



SCAN ME!

More Info:

- There is no maximum recommended dose and you can give more doses than a person needs without hurting them
- Narcan/Naloxone will not harm a person if it is taken and there are no opioids in their system
- Narcan/Naloxone last 30-90 minutes in the blood, it is possible for a person to experience effects of an overdose when Narcan wears off
- Opioid withdrawal symptoms may occur after Narcan is administered

When to Use

- When a person is showing signs of an opioid overdose/ an opioid overdose is suspected

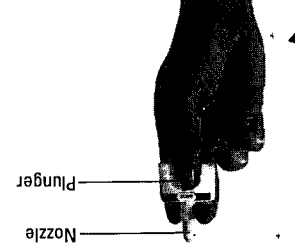
Signs of an Opioid Overdose:

- Slow breathing or no breathing
- gurgling or snoring sounds
- blue, white or gray fingertips, skin, or lips
- won't respond or wake up
- can restore a persons regular breathing patterns
- available in all 50 states
- painkillers
- fentanyl, heroin, & prescription
- Works on opioids such as:
- Can reverse the effects of an opioid overdose
- A safe and potentially life-saving medication

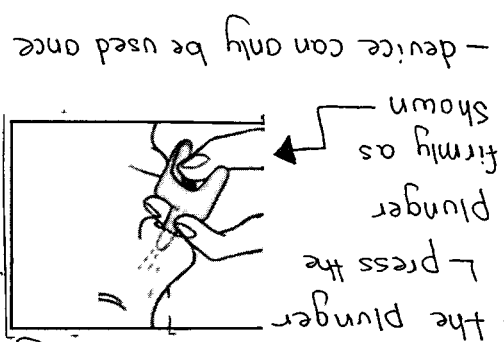
What is Narcan/Naloxone?

If an overdose is suspected:

- 1) Call 911 for emergency help, tell them someone is not breathing.
- 2) Remove Narcan/Naloxone from the box
- 3) Hold the spray with your thumb on the bottom of the plunger as shown

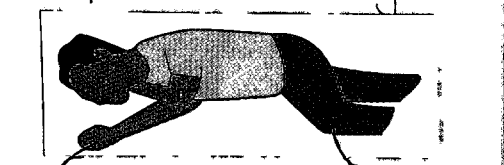


- 4) Tilt person's head back and provide support under their neck with your hand
- 5) Give Narcan/Naloxone by gently inserting the nozzle into a nostril and pushing the plunger firmly as shown



- device can only be used once

6) Roll the person onto their side, place them in 'recovery position'



Hand supporting head
Knee preventing rolling onto stomach

7) Give rescue breaths (tilt head back, pinch nose, give 2 breaths, continue giving one breath every 5 seconds)

8) Repeat steps 2-5 with a new Narcan/Naloxone after 2-3 minutes until person responds or help arrives