

- PrEP is an effective and safe medication for HIV Negative individuals
- Is used to protect against HIV infection
- PrEP can lower the chance of getting HIV by preventing spread or reproduction of HIV after exposure
- PrEP has been shown to be 99% effective at preventing sexual transmission
- PrEP does not interact with alcohol and drugs

ACT UP NY

PrEP + PEP

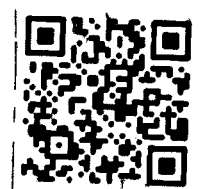
PRE Exposure Prophylaxis;
POST Exposure Prophylaxis

• A number of online options are available!

AN ACT UP NY ZINE!!!
2024

WHERE TO GET PrEP + PEP

- Callen Lorde Community Health Center - 212-271-7200
- Planned Parenthood - 1-800-230-7526
- NYC Health + Hospitals - 1-844-692-4692
- In NYC + Out of NYC HotLines
 Lin: 844-373-7692
 LOU: 844-737-4669



SCAN ME!

DAILY PrEP

Once a day pill

Truvada or Descovy

Take at the same time each day

Reduces risk of HIV transmission via sex by 99% & by shared needle use by 74% when taken daily

INJECTABLE PrEP

a bi-monthly (every other month) shot

When starting: 2 shots 1 month apart then bi-monthly shots

Aprelude

A 2023 STUDY found long-lasting PrEP to be better than daily oral PrEP at preventing HIV transmission via sex

ADDITIONAL INFO

only available by prescription

PrEP + PEP don't protect against other STIs, Condom use is still recommended

HIV + STI Testing every 2-3 months is recommended

It takes 7 days for PrEP to be effective for anal sex

It takes at least 28 days for PrEP to be effective for front hole sex

PrEP ON DEMAND

Lead in/loading dose (two pills) taken 2-24 hours before sex, then 1 pill 24 hours after 1 pill 48 hours after

Protects during anal sex, may not during receptive vaginal sex

PrEP is not approved for cis men

PEP (post-exposure) Prophylaxis

- For use after exposure or possible exposure to HIV
 - ↳ Use within 3 days of exposure
- Start PEP as soon as possible
- PEP is taken for 28 days
- Can reduce risk of HIV transmission by 80%
- PEP can be used:
 - after sex (without condom or condom breaks) with a person who may have HIV
 - after sharing needles with someone who may have HIV
 - after sexual assault