

symptoms

STIS & their

- TRICHOMONIASIS - Parasite transmitted via fluids like cum, pre-cum, vaginal fluids...
 - Irritation + itching, bad smelling discharge, painful &/or frequent peeing
- HIV - HUMAN IMMUNODEFICIENCY VIRUS - early symptoms include:
 - fever, fatigue, muscle aches, sore throat (can present similarly to the flu), changes in menstrual cycle, vaginal yeast infection
 - ↳ HIV can become AIDS (ACQUIRED IMMUNODEFICIENCY SYNDROME)
 - ↳ some AIDS symptoms include: weight loss, pneumonia, fever that keeps returning, fatigue, swollen lymph nodes, rash, headache
- HERPES - virus resulting in skin infection - tingling, itching sores or blisters on mouth, penis, vagina, anus - can also include: muscle aches, fever, headache
 - ↳ includes Type 1 and Type 2

types of testing

- CHLAMYDIA - genital swab, urine test, swab from vagina, throat, anus, or cervix
 - GENITAL HERPES - Physical exam, swab from genitals, blood test
 - SYPHILIS - Blood test, genital swab
 - HIV/AIDS - Blood test, oral swab
 - GONORRHEA - Genital swab, urine test, swab from anus, swab from throat
 - Hepatitis B & C - Blood test
 - TRICHOMONIASIS - Physical exam, urine test, swab from genitals
 - HPV - pap smear, cervical biopsy
 - GENITAL WARTS - Physical exam
- To aid in prevention of STIS: use condoms, consider HPV + Hepatitis B vaccines, consider PrEP for HIV prevention, wash sex toys after each use + use condoms if possible, when possible use clean needles

incubation

- STIS have a range of incubation periods, incubation period is time between becoming infected and having symptoms
- ↳ many individuals are asymptomatic or show no symptoms even though they have an STI
- GONORRHEA - 2-30 days
- SYPHILIS - 10-90 days
- Chlamydia - 14-21 days
- Herpes - 2-12 days
- HIV - 1-6 weeks, can take up to 3 months
- Genital warts - 90 days

- GONORRHEA - caused by bacteria - discharge, pain white peeing, inflammation of the genitals
- PHARYNGEAL GONORRHEA, gonorrhea at the throat - sore throat, swollen lymph nodes
- CHLAMYDIA - a bacterial infection - yellow, vaginal or whitish genital discharge w/ a strong odor, painful penetration, pain white peeing, bleeding
- SYPHILIS - Infection - first presents as a sore where the infection entered the body, firm, & painless usually round, firm, & painless
- ↳ often occur in: vagina, anus, mouth
- ↳ also includes rash on palms of hands, fever, sore throat, fatigue, muscle aches, & weight loss in its secondary stage

Testing

WHEN TO DO

- Sexually active individuals should get tested at least once every 6-12 months
- ↳ You can test more often, many individuals try to test every 3-6 months
- Test if you have symptoms
- Test if you had oral, vaginal, or anal, contact or contact with blood (or other fluids on previous page) of an individual who has tested positive for a STI
- ↳ Genital herpes, Human Papillomavirus (HPV) & syphilis can spread through genital skin to skin contact, contact w/ sores on other parts of the body

where

- TO GET TESTED NYC
- CALLEN LORDE COMMUNITY HEALTH CENTER - 212-271-7200
 - Housing Works Community Healthcare - 347-473-7400
 - GMHC - 212-367-1100
 - Planned Parenthood - 1-800-230-7526
 - NYC Department of Health Sexual Clinics - 347-396-7969
 - The Center - 212-620-7310



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JUNE 2024

STIS are

- Sexually transmitted infections (STIs) or Sexually transmitted diseases (STDs)
- ↳ STIS are infections transmitted through sexual activity
- ↳ transmitted via bodily fluids including: blood, genital fluids, ejaculate & pre-ejaculate
- ↳ can be transmitted through oral sex, penetrative sex, use of sex toys, & blood to blood contact (including sharing needles or syringes)
- ↳ Some STIS (including herpes & syphilis) may spread through saliva (sore)

ACT UP NY

STI TESTING IN NYC

ACT UP! FIGHT AIDS!